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Overcoming Obstacles in Life

Life is challenging in so many ways. There is always some obstacle in front of us. You may be facing the loss of a job or received a bad report at the doctor. Perhaps your finances are in shambles. Perhaps like most Americans, you have too much month left at the end of the money.

No matter the obstacle, we must determine to have fortitude and determination. In life few things are more important than perseverance and determination. As a child, I grew up on a farm and the work seemed to never end. But my dad showed us by example that if you work hard and don't quit, you can overcome almost any problem in life.

I read in a recent book about the sledgehammer approach to dealing with obstacles. The author said whatever is in front of you, use your mental sledgehammer to knock it into manageable pieces. That brings an image to my mind of a rock busted into six or seven pieces. You can only eat an elephant one bite at a time. So, make your elephant bites small.

If you have a mountain in front of you, take time to think how to deal with it. Look for ways around it. Maybe you can go right over it. But if not, use the sledgehammer approach and slowly bust it into pieces that you can deal with.

I watch Dave Ramsey on You Tube almost every night. He helps people with financial issues that seem overwhelming. If your issue is financial, look into his 7 baby steps to financial freedom. Check out the article below about his book. It changed my life.

[The Total Money Makeover by Dave Ramsey.](#)

If you are facing a spiritual battle, I urge you find a good church and turn your problems over to Jesus Christ. When you accept Christ as your Savior, you never again face your battles alone. I accepted Christ as my Savior over 50 years ago, and while I have failed God many times, he has never failed me once.

My grandson Paul Culver and I have created a website with Bible Studies covering most of the bible. You can sign up to have a weekly email on any book of the bible. If you are struggling, sign up for the book of John. It really tells the story of the love of God.

KjvBibleStudies.net

To sign up for the weekly studies, click below and specify the book you want to receive with your name and email. Each Sunday afternoon we send out the next chapter of that book.

[Signup for Weekly Bible Studies](#)

Never give up. Ask God to help you overcome whatever issue you are facing. Learn from your mistakes and don't repeat the same thing over and over.

Dave Ramsey says that the definition of Insanity is doing the same thing over and over and expecting a different result. If what you are doing is not working, it is time to change course.

I try to plant a garden each year. I did an article on [Why I Plant a Garden](#) last spring. I truly enjoy the fresh vegetables and the hard work that it takes to raise a garden is good for me. However, to accomplish that, you must overcome obstacles. Last week my Grandson Paul Culver was going to help me rototill the garden to get rid of all the weeds and prepare the soil for planting. However, we found the ground was so hard that the tiller could not break through.

So we watered the garden for about 3 hours and that really helped. However, the large Honda tiller we rented at Home Depot ran for 3 minutes and then would never restart. We didn't give up, although we did have to just take the tiller back last Wednesday since Paul had to work that afternoon.

Today my Granddaughter Rachel Culver helped me and we rented another one after making sure it would run. We stayed after it and after a couple of hours, we finally had it ready to plant. We worked in a circle breaking the ground, then plowed it north and south to make the rows. It looks great now.



This is another example when things don't go right for you, you just have to keep on trying. It may have took an extra week, but we still overcame every obstacle in our path.

One of my good friends Joshua Becker has been a real inspiration to me over the years. He has the website [Becoming Minimalist](#)

Check out [Joshua Becker's Article on the 7 Laws of Success](#). I loved his line about how we can be successful even if we don't reach our desired results:

Success, in my opinion, is controlling what I can (my actions) and dedicating my life to the right things. If I can do that, I'll be pleased with how I chose to live. And I will consider my life a success—regardless of the results.

Stay strong and overcome the problems of life with God's help.

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